

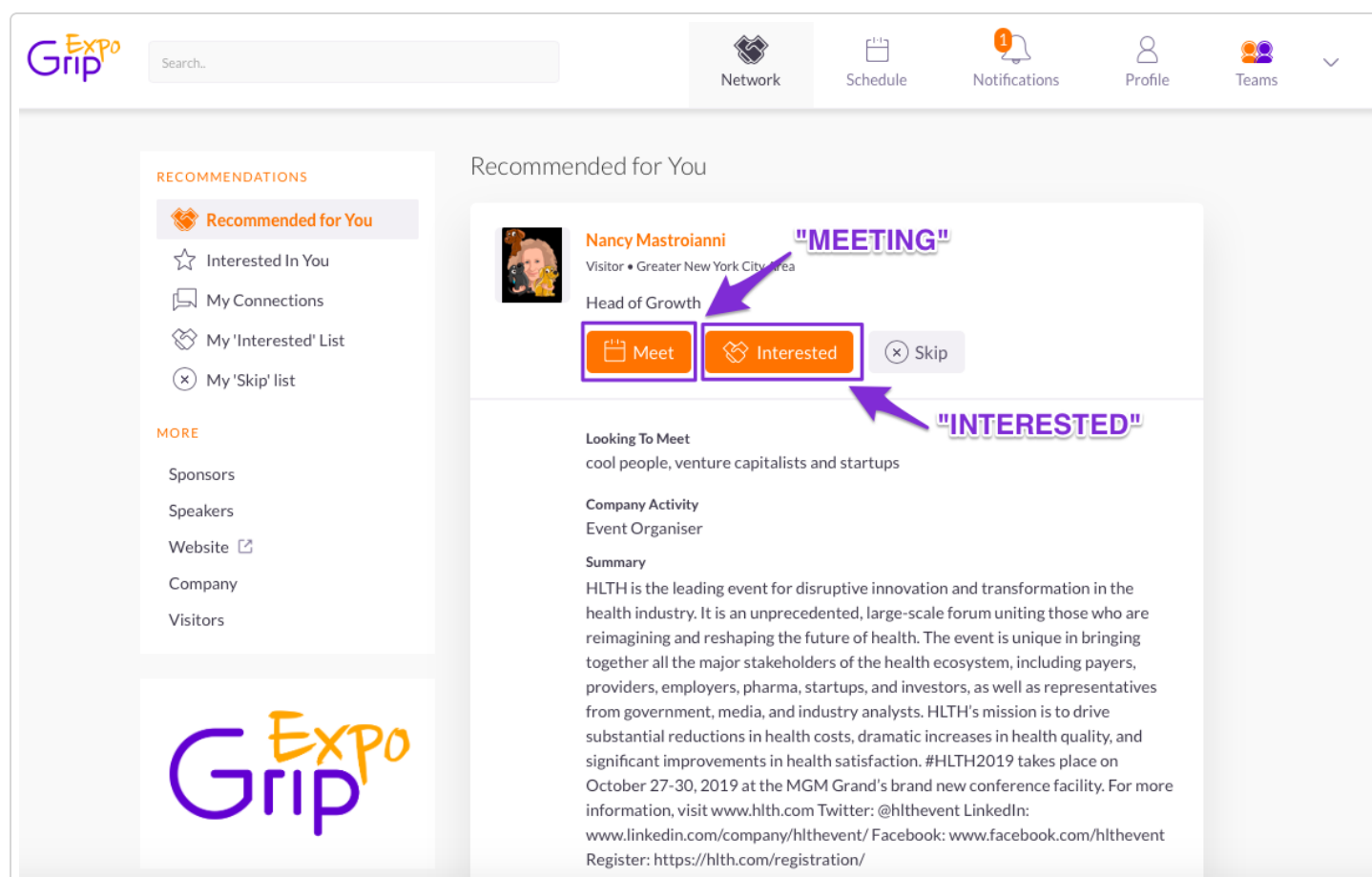
# What is the difference between interested in and requesting a meeting?

In this article, we will explain the difference between the interested and requesting a meeting tool.

**The interested tool allows you to open the conversation to start chatting, learn more about each other and ultimately if after chatting you want to request a meeting then you can. [To learn how to access the chat read the article here (<https://grip.helpscoutdocs.com/article/100-how-can-i-start-a-chat-with-someone?auth=true>)]**


**The meeting tool cuts right to the chase and allows you to schedule a meeting with a participant without needing to have a connection.**

If the meeting request is accepted, you will form a **connection**.



The screenshot displays the Expo Grip application interface. At the top, there is a search bar and navigation icons for Network, Schedule, Notifications, Profile, and Teams. The main content area is titled "Recommended for You" and features a profile card for Nancy Mastroianni, a Visitor from the Greater New York City area and Head of Growth. Below her name are two buttons: "Meet" and "Interested", both highlighted with red boxes. A red arrow points from the word "MEETING" to the "Meet" button, and another red arrow points from the word "INTERESTED" to the "Interested" button. To the left of the profile card is a sidebar with "RECOMMENDATIONS" including "Recommended for You", "Interested In You", "My Connections", "My 'Interested' List", and "My 'Skip' list". Below these are "MORE" options: Sponsors, Speakers, Website, Company, and Visitors. The bottom of the profile card contains details about the user's interests, company activity, and a summary of the HLTH event, including dates, location, and contact information.

Did this answer your question? 😊 ☹️

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